



Shree Saptashrungi Ayurved Mahavidyalay & Hospital

Kamalnagar , Hirawadi , Nashik

Books List :- Swasthavrutta

Sr. No.	Book Name	Authour
1	charak samhita part 1	YG joshi
2	charak samhita part 2	YG joshi
3	sushrut samhita	P Sharma
4	Drustharth Ashtang Sangrah	PG Attarde
5	Swasthya Vidnyan & Sarvajanic Arogya	BG Ghanekar
6	Ayurvediy Hitopdesh	RR Desai
7	Swasthavritta	Dr. Rao
8	Social & Preventive Health Administration	R Kumar
9	Yoga Aur Ayurved	Raj kumar Jauri
10	Pranayam	Vishwas Mandlik
11	Yogasane	Vishwas Mandlik
12	Yoga Parichay	Vishwas Mandlik
13	Hatta Yoga	KS Krishnadas
14	Vaiyaktik & Samajik Swasthavruttam	S Gaud
15	Hatyogatil Shuddhikriya	v Mandlik
16	Swasthavritta Vidnyan Part 1	V. Patrikar
17	Swasthavritta Vidnyan Part 2	V Patrikar
18	Handbook of Preventive Medicine	V. Ratan
19	Viva in Preventive Medicine	V. Ratan
20	Yoga & Ayurved	SP Mishra
21	Yoga Exercise	S Datta Rai
22	Yoga Va Nisargopachar	P Joshi
23	Arogyakendra	H Dhanori
24	Child care Book No. 1	A Jindal
25	Doctor Prithvi	Dr. Onkarnath
26	Doctor Jala	Dr. Onkarnath
27	Doctor Vayu	Dr. Onkarnath
28	Doctor Akash	Dr. Onkarnath
29	Nature cure	MK Gandhi
30	Accupressure Chikitsa	S khetwal
31	Handbook of Naturopathy	S Singh
32	Somaj Cikitsashastra Swasthavritta	Dr. Khanna
33	Swasthavriita samuchhay	R Shastri
34	Yoga Bindu	V Mandlik
35	Yoga Deepika	BKS Ayangar



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36	Essential Preventive Medicine	OP Ghai
37	Alichar Swasthavritta	A Shastri
38	Social & Preventive Medicine	RR Saxena
39	Swathatur Pariksha	SV Shette
40	Omkar Dnyanyogamya	SP Mandlik
41	Ayurvedia Swasthavritta	Sadukar D
42	Swasthvritta Vidnyan	R Singh
43	Ashtangyog Darshan	V Mandlik
44	Yoga Pravesh	V Mandlik
45	Yoga Shikshak	V Mandlik
46	Yoga Upchar	V Mandlik
47	Yoga Nidra	V Mandlik
48	Surya Namaskar	V Mandlik
49	Yoga se Pranta ki Aur	V Mandlik
50	Yogasopran	V Mandlik
51	Yam Niyam	V Mandlik
52	Antastravi Granthi	V Mandlik
53	Nisargachi sath	V Mandlik
54	Swasthya Trikon	T Parkhe
55	Yoga the science of Holistic livign	V Chandra
56	Yoga Darshan	Hari Krishnaas G
57	Nature cure	Sterling Publisher
58	Speaking of Yoga for health	INYS
59	Light on the five solutions	MM Sahai
60	wheat goars jai	S kapil
61	Swasthavrittam	AK Mishra
62	Reviw in Community Medicine	VVRS Bhalare
63	Sulabha Prasuti & Yoga	VS Dhonde
64	Vikasachi Sadhana	v Mandlik
65	Doal Hindu Upchar Padhat	A Ekbote
66	Nisargopachar & b Yoga Kendra	V Deshapande
67	Sanskar Shilp	S Pathavardhan
68	Charak samhita	K Shastri
69	Aharshastra	P Dvivedi
70	Nisargopachar	R P Kanatkar
71	Annasamrakshana	R Kamble
72	Nisargopachar	Dr. K. Bedarkar
73	Nisargopacharane Vyadhimukta Vha	Dr. Mrs. K. Bedarkar



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	Nisargopachar	Dr. Mrs. K. Bedarkar
75	Kitchen Remedies	Dr. A. M. Raut
76	Swasthya Vidnyan	B. G. Ghanekar
77	Biogenic Secrets of food in Ayurved	L. P. Gupta
78	Anatarman programing	sirshree Tejparthi
79	Abhinav Swasthavritta	Dr. A. Shastri
80	Arogya ani swasthya	Dr. V. Ambike
81	Agnisampada	S. K. Kulkarni
82	Latthapana kamikara	Dr. S. Ranade
83	Swasthavritta MCQ	Dr. M. Y. Patil
84	Bahuparyayi Vastunishta Prashnasanch	Dr. Y. Patil
85	Anna va Poshanashastra	Mrs. M. Boralkar
86	Abhinav Swasthavritta	Dr. A. Shastri
87	swasthavritta Part-1	Vd. Y. R. Patil
88	Samaj Chikitsa shastra & Swasthyavritta	Dr. S. Khanna
89	Sampurn Swasthavritta vidnyan	Vd. V. Partrikar
90	Hathyog Pradipika	K. Shrikrishnadas
91	Swasthavritta	S. Ranade
92	Yogadipika	B.K.S. Iyengar
93	The Splendours & Dimension of Yoga Vol.1	R. S. Bajpai
94	Hathyog Pradipika	K. Shrikrishnadas
95	Yog va Nisargopachar	Vd. P. Joshi
96	Swasthatur Pariksha	S. Ranade
97	Ayurvediya swasthavrutta	Vd. D. Jalikar
98	Yoga & Ayurved	Vd. S. Dhyani
99	Vyavahar Ayurved Itihas	Vd. D. Pahade
100	Patanjal Yogadarshana	Swasmi B. Muni
101	The Splendours & Dimension of Yoga Vol.1	R. S. Bajpai
102	Yoga & Ayurved	S. P. Mishra
103	Yoga Aur Ayurved	Acharya R. Jain
104	Pharmacology & Pharmacotherapeutics vol.1	R.S.Satosakar
105	Pharmacology & Pharmacotherapeutics vol.2	R.S.Satosakar
106	Essential of Medical pharmacology	K.D.Tripathi
107	Hathyog Pradipika	K. Shrikrishnadas
108	Yoga Aur Ayurved	Vd. S. Dhyani
109	Magova Arogyacha	P.S.Gore
110	Agadtantra va vyavahar Ayurved	Dr. J. J. Phadake