



Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik



Details of Program Conducted under AZADI KA AAMRUTMAHOTSTAV

Sr. No	Name of Department	No. of Activities	Date	Place	Description
1	Samhita & Siddhanta	10	16/3/2022	Mokhada	Traditional Hillers Guidance
			31/3/2022	Nashik	CME at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			9/4/2022	Nashik	Shlok Competition at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			21/4/2022	Nashik	Guest Lecturer at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			22/4/2022	Nashik	PPT Presentation competition - Purva Karma of Panchkarma
			25/4/2022	Nashik	Guest Lecturer at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			28/4/2022	Nashik	Guest Lecturer at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			3/5/2022	Nashik	CME at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			4/5/2022	Nashik	CME at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			4/5/2022	Nashik	CME at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
2	Rachana Sharir	4	29/12/2021	Nashik	Organ Donation Camp @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			30/12/2021	Nashik	COVID Awareness @ Goraksha Nagar Garden
			31/12/2021	Nashik	Garbha Sanskar and Ayurved at Vrundavan Nagar Garden
			13/4/2022	Nashik	Ayurved Prospective for future opportunity for Ayurved Student
3	Kriya Sharir	3	8/4/2022	Nashik	Lecture on Women Health Awareness @ Ishwar-Prestige Appt.
			9/4/2022	Nashik	Tutorial Competition @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			18/4/2022	Nashik	Lecture on Mental Health and Stress Management during Examination
			13/5/2022	Nashik	Basic Concept of Agni @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
4	Dravyaguna	4	23/1/2022	Gawlane Nashik	Herba Search Workshop
			10/2/2022	Nashik	Lecture on Management of Common Dental diseases @ KBH Dental College Nashik
			30/3/2022	Nashik	CME at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			26/4/2022	Nashik	CME at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
5	Rasashastra evam BK	5	10/9/2021	Nashik	Tree Plantation @ Trambakeshwar Road
			29/12/2021	Nashik	Preparation of AYUSH Vati @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			17/2/2021	Nashik	Suvarna bindu Prash Avaleha Preparation @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			29/3/2022	Nashik	Preparation of Shatavati Kalpa @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			6/4/2022	Nashik	Interdepartmental Receipe Competition @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
6	Roga Nidan	2	13/10/2021	Nashik	HIC Screening Camp @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			10/3/2022	Nashik	Health Check up Camp @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
7	Swasthavritta	3	14/1/2022	Nashik	Suryanamskar Activity @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			Mar - Apr 2022	Nashik	Poshan Pakhawada
			12/4/2022	Nashik	Stress Management Through Bhramary Pranayam
			21/9/2021	Nashik	Poshan Mahasaptah - Yoga (Second Week)
8	Agadtantra	2	22/12/2021	Satpur, Nashik	Lecture given to School student and Teachers
			18/4/2022	Nashik	Lecture at Shreepad ENT Hospital, Panchavati
9	Prasuti evam Striroga	7	10/9/2021	Nashik	RECIPE COMPETITION @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			8/9/2021	Nashik	AYUSH PRACTISE FOR BETTER NUTRITION IN ANC @ JDC BYTCO NASHIK
			9/9/2021	Nashik	AYUSH FOR ANEMIA IN PREGANANCY @ BAJRANGWADI UPHC NASHIK
			17/9/2021	Nashik	NUTRITIVE FOOD FOR PREGNANT WOMAN @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			18/9/2021	Nashik	NUTRITIOUS DIET FOR ANC & PNC @ HIRAWADI NASHIK
			8/9/2021	Nashik	PNC CARE @ JDC BYTCO NASHIK
10	Kayachikitsa	7	21/9/2021	Nashik	QUIZ COMPETITION FOR ANC PATIENT @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			12/1/2022	Nashik	Activity @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			20/1/2022	Nashik	Webinar @ Nashik



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			20/2/2022	Nashik	Blood Donation Camp @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			5/3/2022	Nashik	Case Presentation Competition @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			6/3/2022	Peth	Medical Health Check Up Camp @ Peth
			10/3/2022	Nashik	Medical Health Check Up Camp @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			24/3/2022	Nashik	CME for Students @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
11	Shalya Tantra	7	10/1/2022	Nashik	Skill Development Competition at Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			12/2/2022	Nashik	Online Quiz Competition
			1/3/2022	Dhule	Health Camp
			11/3/2022	Niphad	Yoga Camp at Khedele Zunge
			12/3/2022	Niphad	Yoga Training Camp
			25/3/2022	Nashik	Live Operative Workshop @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			6/4/2022	Nashik	RECEIPE COMPETITION @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
12	Kaumarbhritya	9	Sep-21	Nashik	Poshan Pakhawada
			10/1/2022	Nashik	Swastha Balak Spardha
			21/12/2021	Nashik	Health Check up camp
			21/3/2022	Nashik	Routine Health Screening Camp @ Nilgiri Bagh, Amrutdham, Nashik
			27/2/2022	Nashik	Pulse polio Campaign
			15/2/2022	Nashik	Pandu Mukta Bharat (Anemia Free India)
			10/2/2022	Nashik	Deworming Week
			24/3/2022	Nashik	Routine Health Screening Camp @ Tapovan UPHC centre, Nandur village, Nashik
			24/2/2022	Nashik	Pulse Polio Training module for students
13	Panchakarma	6	15/2/2022	Nashik	Wasanti Waman Shibir @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			10/3/2022	Mhasarule	Peripheral Health Check up Camp @ Pokar Colony Mhasarul, Nashik
			23/3/2022	Nashik	QUIZ COMPETITION @ Shree Saptashruni Ayurved Mahavidyalaya & Hospital, Nashik
			27/3/2022	Trimbakeshwar	Rural Health Camp @ Trimbakeshwar
			29/3/2022	Nashik	Video Presentation Competition @ Nashik
			6/4/2022	Nashik	Interdepartmental Ayurvedic Receipe Competition
	Total No. of Activities	69			