

## Department of Stree Rog Prasuti Tantra

### Faculty Members :

- 1) **Vd. More Sunil Sadashiv : H.O.D. & Professor**  
Reg. No. : I-25583-A-1  
Date of Birth : 22/12/1968  
Qualification : M.D. (Streerog & Prasuti Tantra)  
Experience : 14.3 years
- 2) **Vd. Deshmukh Varsha Suresh : Associate Professor**  
Reg. No. : I – 35110 - A – 1  
Date of Birth : 15/8/1975  
Qualification : M.S. (Streerog & Prasuti Tantra)  
Experience : 9.10 years
- 3) **Vd. Deshmukh Pradnya Prataprao : Assistant Professor**  
Reg. No. : I – 39835– A – 1  
Date of Birth : 22/5/1978  
Qualification : M.S. (Streerog & Prasuti Tantra)  
Experience : 4.10 years
- 4) **Vd. Pathade Swati Uttam : Assistant Professor**  
Reg. No. : I – 62649-A  
Date of Birth : 02/4/2014  
Qualification : M.S. (Streerog & Prasuti Tantra)  
Experience : 0.3 years



Our Streerog and Prasuti Tantra department has various activities for well being of women at her different stages of life i.e., New Born adolescent, reproductive and child bearing stage, menopausal stage, geriatric stage. For that our Streerog and Prasuti Tantra department has various activities like:

- a) Garbhasanskar Classes
- b) **Counselling** - Pre marriage counselling for both partners.  
**Preconceptional counselling** : In this there is
  - check up for both partners.
  - sharir shuddhi upakrama by Panchakarma.
  - Sexual education.
  - Conception.
- c) After Conception- Additional care
  - Prenatal education.
  - Garbhasanskar, mantra, prayer, meditation
  - Special advice for life style and diet through out pregnancy.
  - Monthwise description about foetal development.
  - Meditation, relaxation, visualisation.
  - Yoga and exercises during pregnancy.
  - Diseases and treatment during pregnancy.
  - Total labour information.
  - Pre natal child and mother care.
  - Breast Feeding.
- d) Wellness of women and post menopausal counselling. Specialities of the treatments given in SSAM Hospital, Streerog Prasuti Department.