



# Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik

## Details of Program Conducted under AZADI KA AAMRUTMAHOTSTAV



Sr. No	Name of Department	No. of Activities	Date	Place	Description
1	Samhita & Siddhanta	10	16/3/2022	Mokhada	Traditional Hillers Guidance
			31/3/2022	Nashik	CME at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			9/4/2022	Nashik	Shlok Competition at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			21/4/2022	Nashik	Guest Lecturer at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			22/4/2022	Nashik	PPT Presentation competition - Purva Karma of Panchkarma
			25/4/2022	Nashik	Guest Lecturer at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			28/4/2022	Nashik	Guest Lecturer at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			3/5/2022	Nashik	CME at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			4/5/2022	Nashik	CME at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			4/5/2022	Nashik	CME at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
2	Rachana Sharir	4	29/12/2021	Nashik	Organ Donation Camp @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			30/12/2021	Nashik	COVID Awareness @ Goraksha Nagar Garden
			31/12/2021	Nashik	Garbha Sanskar and Ayurved at Vrundavan Nagar Garden
			13/4/2022	Nashik	Ayurved Prospective for future opportunity for Ayurved Student
3	Kriya Sharir	7	8/4/2022	Nashik	Lecture on Women Health Awareness @ Ishwar-Prestige Appt.
			9/4/2022	Nashik	Tutorial Competition @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			18/4/2022	Nashik	Lecture on Mental Health and Stress Management during Examination
			13/5/2022	Nashik	Basic Concept of Agni @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			1/7/2022	Nashik	Lecture on Diet and Ayurveda
			27/4/2022	Nashik	Basic Concept of Dhatu @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			26/4/2022	Nashik	Basic Concept of Prakriti @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
4	Dravyaguna	5	23/1/2022	Gawlane Nashik	Herba Search Workshop
			10/2/2022	Nashik	Lecture on Management of Common Dental diseases @ KBH Dental College Nashik
			30/3/2022	Nashik	CME at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			26/4/2022	Nashik	CME at Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			6/7/2022	Nashik	Tree Plantation @ Makhamalabad
5	Rasashastra evam BK	5	10/9/2021	Nashik	Tree Plantation @ Trambakeshwar Road
			29/12/2021	Nashik	Preparation of AYUSH Vati @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			17/2/2021	Nashik	Suvarna bindu Prash Avaleha Preparation @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			29/3/2022	Nashik	Preparation of Shatavati Kalpa @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			6/4/2022	Nashik	Interdepartmental Recepte Competition @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
6	Roga Nidan	2	13/10/2021	Nashik	HIC Screening Camp @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			10/3/2022	Nashik	Health Check up Camp @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
7	Swasthavritta	12	14/1/2022	Nashik	Suryanamskar Activity @ Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Nashik
			Mar - Apr 2022	Nashik	Poshan Pakhawada
			12/4/2022	Nashik	Stress Management Through Bhramary Pranayam
			2/11/2021	Nashik	Ayurveda Day along with Poshan Saptah
			14/10/2021	Nashik	Swatcha Bharat Abhiyan
			17/6/2022	Nashik	Yogasan Spardha
			18/6/2022	Nashik	Elocution Competetion
			18/6/2022	Nashik	CME by Dr. Sandip Chincholikar
			20/6/2022	Nashik	Yoga Dindi-Rally
			21/6/2022	Nashik	Yoga Day 2022
12/4/2022	Nashik	CME by dr. Pranita Shinde			
16/6/2022	Nashik	Poster Competetion			
8	Agadtantra	5	22/12/2021	Satpur, Nashik	Lecture given to School student and Teachers



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			18/4/2022	Nashik	Lecture at Shreepad ENT Hospital, Panchavati
			22/6/2022	Nashik	Lecture at Stress Management by Heartfulness Meditation Program
			6/7/2022	Nashik	Lecture on Ayurveda and Panchkarma - Samaj Gairsamaj
			13/7/2022	Nashik	Lecture on Benefit of Meditation
9	Prasuti evam Striroga	7	10/9/2021	Nashik	RECEIPE COMPETITION @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			8/9/2021	Nashik	AYUSH PRACTISE FOR BETTER NUTRITION IN ANC @ JDC BYTCO NASHIK
			9/9/2021	Nashik	AYUSH FOR ANEMIA IN PREGANANCY @ BAJRANGWADI UPHC NASHIK
			17/9/2021	Nashik	NUTRITIVE FOOD FOR PREGNANT WOMAN @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			18/9/2021	Nashik	NUTRITIOUS DIET FOR ANC & PNC @ HIRAWADI NASHIK
			8/9/2021	Nashik	PNC CARE @ JDC BYTCO NASHIK
			21/9/2021	Nashik	QUIZ COMPETITION FOR ANC PATIENT @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
10	Kayachikitsa	10	12/1/2022	Nashik	Activity @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			20/1/2022	Nashik	Webinar @ Nashik
			20/2/2022	Nashik	Blood Donation Camp @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			5/3/2022	Nashik	Case Presentation Competition @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			6/3/2022	Peth	Medical Health Check Up Camp @ Peth
			10/3/2022	Nashik	Medical Health Check Up Camp @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			24/3/2022	Nashik	CME for Students @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			4/9/2021	Nashik	Inaugural program on Hamara AYUSH Hamara Swasthya
			30/9/2021	Nashik	Thalesemia Camp
			12/7/2022	Nashik	Seminar
11	Shalya Tantra	7	10/1/2022	Nashik	Skill Development Competition at Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			12/2/2022	Nashik	Online Quiz Competition
			1/3/2022	Dhule	Health Camp
			11/3/2022	Niphad	Yoga Camp at Khedele Zunge
			12/3/2022	Niphad	Yoga Training Camp
			25/3/2022	Nashik	Live Operative Workshop @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			6/4/2022	Nashik	RECEIPE COMPETITION @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
12	Kaumarbhritya	14	Sep-21	Nashik	Poshan Pakhawada
			10/1/2022	Nashik	Swastha Balak Spardha
			21/12/2021	Nashik	Health Check up camp
			21/3/2022	Nashik	Routine Health Screening Camp @ Nilgiri Bagh, Amrutdham, Nashik
			27/2/2022	Nashik	Pulse polio Campaign
			15/2/2022	Nashik	Pandu Mukta Bharat (Anemia Free India)
			10/2/2022	Nashik	Deworming Week
			24/3/2022	Nashik	Routine Health Screening Camp @ Tapovan UPHC centre, Nandur village, Nashik
			24/2/2022	Nashik	Pulse Polio Training module for students
			24/6/2022 TO 30/6/2022	Nashik	Health Check up - GEMS English Medium School
			1/7/2022 TO 4/7/2022	Nashik	Health Check up - GEMS English Medium School
			1 Jul to 15 Jul 2022	Nashik	Intensified Diarrhea control Fortnight
			1 Jul to 15 Jul 2022	Nashik	Intensified Diarrhea control Fortnight Under Dattak Gram Yojana
			22nd June 24 June 2022	Nashik	Health survey under Dattak gram yojana @ Joshi Wada
13	Panchakarma	10	15/2/2022	Nashik	Wasanti Waman Shibir @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			10/3/2022	Mhasarule	Peripheral Health Check up Camp @ Pokar Colony Mhasarul, Nashik
			23/3/2022	Nashik	QUIZ COMPETITION @ Shree Saptashrunji Ayurved Mahavidyalaya & Hospital, Nashik
			27/3/2022	Trimbakeshwar	Rural Health Camp @ Trimbakeshwar
			29/3/2022	Nashik	Video Presentation Competition @ Nashik
			6/4/2022	Nashik	Interdepartmental Ayurvedic Receipe Competition
			13/5/2022 &	Nashik	Dhanyamla ( Nirmanvidhi and Its clinical application)
			20/5/2022	Nashik	Dhumpan- Dhumvartinirman and Its clinical application
			9/7/2022	Nashik	Celebration of Doctor's day



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Sr. No	Name of Department	No. of Activities	Date	Place	Description
			11/7/2022	Nashik	seminar on vaat dosha chikitsa w.s.r to nasya and basti
14	NSS	1	14/10/2021	Nashik	Swachhata Bharat Abhiyan
	<b>Total No. of Activities</b>	<b>99</b>			